

144:1	לְדוֹד l·dud to·David	בְּרוּךְ bruk being-blessed	יְהוָה ieue Yahweh	צוּרִי tzur·i rock-of·me	הַמְלַמֵּד e·mlmd the·one- ^m teaching	יָדָי id·i hands-of·me	לְקַרְבַּי l·qrb for·attack	
	אֶצְבָּעוֹתַי atzbouth·i fingers-of·me	לְמַלְחָמָה l·mlchme for· th e·battle	:					
144:2	חֲסָדַי chsd·i kindness-of·me	וּמְצוּדוֹתַי u·mtzudth·i and·fastness-of·me	מְשֻׁבָּבִי mshgb·i impregnable-retreat-of·me	וּמַפְלִיטִי u·mphlt·i and·one- ^m delivering-of·me	לִי l·i for·me			
	מִגְנִי mgn·i shield-of·me	וּבִי u·b·u and·in·him	חָסִיתִי chsithi I·take-refuge	הַרוֹדֵד e·rudd the·one-pressing-down	עַמִּי om·i people-of·me	תַּחְתָּי thchth·i under·me		
144:3	יְהוָה ieue Yahweh	מָה me what	אָדָם - adm human	וְתִדְעֶהוּ u·thdo·eu and·you-are-acknowledging·him	בֶּן bn son-of	אָנוּשׁ - anush mortal		
	וְתִחַשְׁבֶּהוּ u·thchshb·eu and·you-are- ^m taking-account·him	:						
144:4	אָדָם adm human	לְהִבָּל l·ebl to· th e·vanity	דְּמָה dme he-is-like	יָמָיו imi·u days-of·him	כַּצֵּל k·tzl as·shadow	עוֹבֵר oubr one-passing		
144:5	יְהוָה ieue Yahweh	הֵט et stretch-out-you	שָׁמַיְךָ - shmi·k heavens-of·you	וְתִרְדָּ u·thrd and·you-shall-descend	נֵעַ go touch-you	בְּהָרִים b·erim in· th e·mountains		
	וַיֵּעָשׂוּ u·ioshnu and·they-shall-smoke	:						
144:6	בְּרוֹק brq flash-you	בְּרָק brq flashing	וּתְפִיץ־מֵ u·thphitz·m and·you-shall- ^c scatter·them	שְׁלַח shlch send-you	חֲצִיֶּיךָ chtzi·k arrows-of·you			
	וְתִהְיֶינָם u·them·m and·you-shall-discomfit·them	:						
144:7	שְׁלַח shlch put-forth-you	יָדֶיךָ idi·k hands-of·you	מִמְרוֹם m·mrum from·height	פָּצְנִי phtz·ni set-loose-you·me	וְהַצִּילֵנִי u·etzil·ni and· ^c rescue-you·me			
	מִמַּיִם m·mim from·waters	רַבִּים rbim many-ones	מִיַּד m·id from·hand-of	בְּנֵי bni sons-of	נָכַר nkr foreigner			
144:8	אֲשֶׁר ashr who	פִּיהֶם phi·em mouth-of·them	דִּבְּרָה dbr he- ^m speaks	שׁוּא - shua futility	וַיְמִינֵם u·imin·m and·right-hand-of·them	יְמִין imin right-hand-of	שֶׁקֶר shqr falsehood	
144:9	אֱלֹהִים aleim Elohim	שִׁיר shir song	חֲדָשׁ chdsh new	אֲשִׁירָה ashire I-shall-sing	לְךָ l·k to·you	בְּנֵבֶל b·nbl in·zither-of	עֲשׂוֹר oshur ten-strings	אֲזַמְרֶה azmre I-shall-make-melody
	לְךָ l·k to·you	:						
144:10	הַנוֹתֵן e·nuthn the·one-giving	הַתְּשׁוּעָה thshuae salvation	לְמַלְכִים l·mlkim to· th e·kings	הַפּוֹצֵה e·phutze the·one-setting-loose	דָּוִד ath David	עַבְדּוֹ obd·u servant-of·him		
	מִחֶרֶב m·chrb from·sword	רָעָה roe evil	:					
144:11	פָּצְנִי phtz·ni set-loose-you·me	וְהַצִּילֵנִי u·etzil·ni and· ^c rescue-you·me	מִיַּד m·id from·hand-of	בְּנֵי bni sons-of	נָכַר - nkr foreigner	אֲשֶׁר ashr who	פִּיהֶם phi·em mouth-of·them	
	דִּבְּרָה dbr he- ^m speaks	שׁוּא - shua futility	וַיְמִינֵם u·imin·m and·right-hand-of·them	יְמִין imin right-hand-of	שֶׁקֶר shqr falsehood	:		

¹ . <<[A Psalm] of David.>> Blessed [be] the LORD my strength, which teacheth my hands to war, [and] my fingers to fight:

² My goodness, and my fortress; my high tower, and my deliverer; my shield, and [he] in whom I trust; who subdueth my people under me.

³ LORD, what [is] man, that thou takest knowledge of him! [or] the son of man, that thou makest account of him!

⁴ Man is like to vanity: his days [are] as a shadow that passeth away.

⁵ Bow thy heavens, O LORD, and come down: touch the mountains, and they shall smoke.

⁶ Cast forth lightning, and scatter them: shoot out thine arrows, and destroy them.

⁷ Send thine hand from above; rid me, and deliver me out of great waters, from the hand of strange children;

⁸ Whose mouth speaketh vanity, and their right hand [is] a right hand of falsehood.

⁹ . I will sing a new song unto thee, O God: upon a psaltery [and] an instrument of ten strings will I sing praises unto thee.

¹⁰ [It is he] that giveth salvation unto kings: who delivereth David his servant from the hurtful sword.

¹¹ Rid me, and deliver me from the hand of strange children, whose mouth speaketh vanity, and their right hand [is] a right hand of falsehood:

144:12 אֲשֶׁר בְּנֵינוּ כְּנֹטְעִים מְגֹדְלִים בְּנוֹרֵיהֶם בְּנוֹתֵינוּ
 ashr bni·nu k·ntoim mgdlim b·nouri·em bnuthi·nu
 which sons-of·us as·plants ones-being-^mgrown-great in·youths-of·them daughters-of·us

כְּזוֹת מְחַטְבוֹת תְּבֻנֵית הַיֵּכָל :
 k·zuith mchtbuth thbnith eikl :
 as·garners-of ones-being-^mchopped model-of palace

144:13 מְזוּיְנוּ מְלֵאִים מְפִיקִים מִזֶּן זֶן - אֶל צְאוּנָנוּ
 mzui·nu mlaim mphiqim m·zn al - zn tzaun·nu
 garners-of·us ones-being-full ones-causing-to-issue from·sort to sort flock-of·us

מְאַלְפוֹת מְרַבְבוֹת בְּחוּצוֹתֵינוּ :
 maliphuth mrbbuth b·chutzuthi·nu :
 ones-causing-to-be-thousands ones-causing-to-be-tens-of-thousands in·outdoors^(P)-of·us

144:14 אֱלוֹפֵינוּ מְסַבְלִים אֵין אֵין - פְּרִץ וְאֵין
 aluphi·nu msblim ain ain - phrtz u·ain
 domestic-animals-of·us ones-^mbearing-burdens there-is-no breach and·there-is-no

יוֹצֵאת וְאֵין צֹנְחָה בְּרַחֲבֵתֵינוּ :
 iutzath u·ain tzuche b·rchbthi·nu :
 one-going-forth and·there-is-no yelling in·squares-of·us

144:15 אֲשֶׁרִי הָעָם שֶׁכֶּכֶה לוֹ אֲשֶׁרִי הָעָם שֶׁהֵוָה אֱלֹהֵיוּ :
 ashri e·om sh·kke l·u ashri e·om sh·ieue alei·u :
 happy ! the·people who·as·thus to·him happy ! the·people who·Yahweh Elohim-of·him

¹² That our sons [may be] as plants grown up in their youth; [that] our daughters [may be] as corner stones, polished [after] the similitude of a palace:

¹³ [That] our garners [may be] full, affording all manner of store: [that] our sheep may bring forth thousands and ten thousands in our streets:

¹⁴ [That] our oxen [may be] strong to labour; [that there be] no breaking in, nor going out; that [there be] no complaining in our streets.

¹⁵ Happy [is that] people, that is in such a case: [yea], happy [is that] people, whose God [is] the LORD.